



FAMILY & EDUCATOR NEWSLETTER

C&K Northside Family Day Care
Aspley State School
Cnr Maundreall Tce & Horn Rd
Aspley 4034
P 32631225 M 0457851651
E nfdc@candk.asn.au
8.30—4.30 Mon—Fri

We would like to acknowledge and pay respects to the traditional owners of this land on which we meet. We also acknowledge and pay respects to all elders past, present and future.

October/November/
December 2014



Message from Coordination Unit - Christine, Andrea, Ali, Lisa & Kath

2014 has been quiet a year for Northside Family Day Care. We have celebrated:

- ◆ Australia Day
- ◆ Chinese New Year
- ◆ Anzac Day
- ◆ Child Protection Week
- ◆ Aboriginal & Torres Strait Islander Children's Day
- ◆ NAIDOC Week
- ◆ Book Week

We also raised:

- ◆ \$1200 for Allergy Anaphylaxis Australia through our Annual Twilight Market
- ◆ \$120 for Leukemia Foundation with our Teddy Bears Picnic

- ◆ \$950 with the Chocolate Fund Raiser at Easter time
- ◆ Still raising funds with our Living Fund Raiser Seedling Project.

Coordinator Kath Doherty is going on 6 months Long Service Leave from 23rd December 14—29th June 15. Kath has been with C&K for 10 years. We look forward to hearing about Kath's adventures.

Please welcome our most recent educators who joined us in the last month. Jessica Fuller from Arana Hills and Stephene Olsen from Mitchelton.

Office is closed from:

23rd December 2014

Office will Re Open

5th January 2015

Christine is available on the mobile over the Christmas Period - **0457851651**

C&K Northside Coordination Unit would like to wish our Educators and Families a Very Merry Christmas and a Happy New Year.



Congratulations!

Coordinator Amanda had a Baby Boy! Bailey Shannon Roggenkamp. Amanda is on maternity leave for 12 months.

Andrea Raptis is covering Amanda's maternity leave.



Regulatory Requirements for a Family Day Care Educator

Family Day Care Educators must meet minimum legislative requirements and standards to ensure the safety, health and well being of children in their care.

This includes:

-documentation of child assessments or evaluations for delivery of the educational program

-a record of all visitors while children are in care

-adequate health and hygiene practices (including safe practices for handling, preparing and storing food) are implemented.

-all outdoor space used by children is enclosed by a fence or barrier that is of a height and design that prevents children from going through, over or under.

-a first aid kit is suitable equipped and easily recognizable is readily accessible to adults.

-every reasonable precaution must be taken to protect children from harm and from any hazard likely to cause injury.

More Information visit the ACECQA website

www.acecqa.gov.au

C&K Northside FDC Christmas Party 2014 @ The Community Place Stafford



A wonderful turnout from Families to our Christmas Party. A Big THANK YOU to Bruce Birrell (Educator Sharmie's husband) for being a FANTASTIC Santa. Mick form Antz In Your Pantz was a Brilliant Entertainer. The children also loved playing in the big playground which has lots of challenging climbing and swings. Thank you to everyone who brought beautiful plates of food to share. We have some plates and containers left over so if you are missing anything please give us a call at the office and we can arrange to have it returned to you.

October's Play Session Nature Walk from Jo Carr's in McDowall

Luella (Aspley), Catherine (Everton Hills), Debbie (Chermside West) met with Coordinator Andrea Raptis @ Jo Jo's in McDowall to take the children on a Beautiful Nature Walk. Playing in Nature improves children's cognitive development by improving their awareness, reasoning and observational skills.



12 Month warranty on a cockroach,
silverfish, ant and spider service.
For further information please visit
our website at www.cibpestcontrol.com.au
or contact us on 0401 660 127.

To ensure a safe sleeping environment for infants (0 – 2 years), educators will:

- follow the recommendations for resting infants as outlined in the SIDS and Kids publication *Reducing the Risk of Sudden Infant Death Syndrome (SIDS)*
- Check and record the status of sleeping infants on a regular basis (every 5 -10 minutes).

When completing the check, educators will check the following:

- the infant is sleeping on their back
- the infant's feet are at the bottom of the bed or cot
- bed clothes are tucked in and not loose
- the infant's face is uncovered
- ensure beds and cots are free of quilts, doonas, duvets, pillows, lamb wools, cot bumpers, and toys or comforters
- ensure infants do not have access to electrical cords and power points
- dress the infant appropriately for the room temperature
- ensure all infant cots meet Australian Standard for Cots (AS 2172). Cots should not have:
 - wobbly, broken or weak parts
 - gaps a toddler or baby can get caught in
 - knobs, corner posts or exposed bolts that can hook onto a infant's clothing or neck
 - sides that are too low
 - sharp catches or holes in the wood
 - paint that might contain poisonous lead.
- ensure there is no more than a 25mm gap between the mattress and the cot sides and ends and the mattress is the right size for the cot, firm and clean

Recipe

Coconut Mango Parfait—By Jessica Fuller (Arana Hills)

1 cup packed young coconut pulp

2/3 - 3/4 cup coconut water (depending on how thick you like your cream)

1-2 tbl maple syrup (cheapest that is still moderate quality is from Aldi, found above the freezer section across from the bread)

8 drops vanilla essence (or pure vanilla extract, to taste) - remember vanilla essence/extract usually contains sugar so use less and taste as you go.

Alternatively use a can of coconut cream and blend up with the maple syrup and vanilla essence/extract

Other Layers

2-4 champagne mangoes (or your favourite)

2 handfuls crushed macadamia nuts (you can roast first for maximum flavour, tiny amount of sprinkled fine himalayan rock salt)

Optional - toasted museli for crunch

Instructions

- 1) Blend all coconut cream ingredients until smooth in a blender, place cream in the fridge for 10-30mins to chill.
- 2) Chop mangoes
- 3) Assemble in layers in a gorgeous glass.

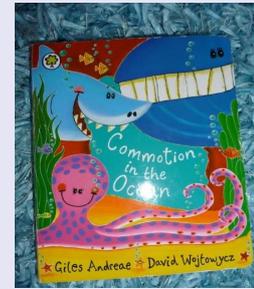


Planning – Sea Theme with one and two year olds.

Day 1. One of the children in my care came on Monday talking about sharks and Mum had told me that they had visited SeaWorld on the weekend and that he had loved the sharks.

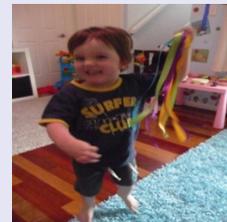
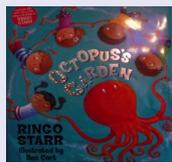
That day we looked at a 'Finding Nemo' poster to look at where sharks live and at the different sharks on the poster, other sea animals, coral and sea grass.

During art the children ripped sheets of blue and green paper and glued them onto an A3 sheet of paper to create a water background and then used different sea animal print shapes (which included a shark) to place sea animals in the water.



Day 2. The next day we read 'Commotion in the Ocean' because it has sharks in it and we talked about other sea creatures (the children liked the fish, turtles and octopus). We also talked about what sharks look like by using the ipad and google images. I asked the children if they would like to do some paintings that we could use to make our own sharks with? - Yes, yes, yes.

So each child was given two, A3 sheets of paper to paint however they liked. During sleep time, I used the paintings to draw a shark length ways (with the sheets facing one another so the pictures were able to be used as two sides of a shark). I also stapled the sharks together with enough space for the children to fill them with cotton wall balls when they woke up. I stapled the other half with the children as they filled up the shark bodies and attached a ribbon so we could hang them up.



Day 3. Rainy day art

We read the book 'Octopus's Garden' and I explained that we were going to use paint in a box with heavy tubes and ping pong balls to make our own octopus head and body. The children chose the colours and helped to pump them into a box before placing in a tube and ball, putting the lid on the box and giving it lots of shakes to spread the paint around.



Day 4.

Today we read 'Mister Seahorse' by Eric Carle – It has lots of different fish and sea horse characters. It was wonderful for talking about and identifying body parts, as each fish carries its eggs in or on a different part of its body. It was also great for introducing sea plants, rocks and the word camouflage.

Day 5. – You can make any sea animal out of 2 paper plates and painted, coloured card !

I placed out different paints for each child to paint two paper plates each and a coloured sheet of A4 card.

We looked at a variety of different books to identify body parts for turtles and crabs – heads, legs, flippers, snap snap – claws. The children and I talked about what the animals used the different parts for as I drew the parts on the painted sheets of card for the children and cut them out, as the children are too young for this yet. The children then stuck the cut out body parts to one of the paper plates and we stapled the plates together to form a front and back which were both painted and colourful as they also hung from our sea net.

Books – 'Tasman Turtle' by Simon McLean and 'Turtle's Song' by Alan Brown are both written and illustrated here in Queensland and 'Turtle Song' has some great turtle facts and silk painting artworks with lots of other sea creatures.



Leanne Anderson (The Gap)