

August 2022

AUGUST - WHAT'S ON

- Children's Day 4 August
- Dental Health Week 1-7 August
- National Science Week 13-21 August



WORKSHOPS & VISITS

Our fabulous trainer Sarah Hunt will be visiting the Moranbah & Cairns areas this month. If you are needing some extra help with getting your assessments in or need help with any of your training, Sarah is here to help.

Please contact the College on 07 3513 2524 to reserve your spot.

Moranbah trip dates 15-17 August

Contact Trainer Sarah Hunt to arrange a time on 07 3513 2524.

Cairns 29 August – 2 September

Rydges Esplanade Cairns
RSVP to C&K College 07 3513 2524.



NEW WORKSHOPS COMING SOON

IMPORTANT COLLEGE NEWS

FIRST AID QUALIFICATIONS

- Students enrolled in **CHC30113** or **CHC50113** must complete HLTAID004 "Provide an emergency first aid response in an education and care setting"
- Students enrolled in the new qualification **CHC30121** must complete HLTAID012 "Provide First Aid in an education and care setting".

If you are enrolled in CHC30113 or CHC50113 and still need to complete HLTAID004, then we can help you get the right competency. If you have HLTAID012 but need to complete HLTAID004, C&K College can organise a Gap Assessment for HLTAID004.

If you still need HLTAID004, follow these steps:

- Email the college a certified copy of your statement of attainment for HLTAID012
- Advise that you would like to complete the Gap assessment
- Pay the invoice that will be issued to you
- Complete Gap Assessment
- Email your Gap Assessment back to the College for marking

REMINDER:

You have received correspondence about the teach-out of CHC50113 Diploma of Early Childhood Education and Care and CHC30113 Certificate III in Early Childhood Education and Care.

The final assessment due date for the teach-out programs is 30 November 2022. Please contact the College Team if you have any questions, or if you need to transfer into a new qualification.

CAREERS WITH C&K

C&K is currently looking for casual, relief, part-time and permanent staff. View all opportunities here: www.candk.asn.au/careers-ck

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STUDY TIP OF THE MONTH

How to manage study stress

When you're enrolled in a course, you can become worried about your studies.

For example:

- You may not be clear about what to do
- You may have fallen behind and do not know how to catch up
- You may be concerned about how to meet expectations – work, family, friends, your own expectations.

It is normal to think about study deadlines and must-dos. It is also important to make time in your life to study, and to take advantage of the support that is there for you.

Here are three things you can do to help manage your stress and keep things moving along:

- 1. Take time to be a student** - As an adult learner, you already have commitments and responsibilities. It's important to remember that when you're studying, you are adding *new* commitments and responsibilities which need to fit into your life. To help you do this **you need to make time for yourself to study.**
- 2. Take advantage of help** - As a student at C&K College, you are not alone. Calling your trainer or calling student services is often enough to get you going. Logging into Canvas regularly to complete tasks, or to add to an assessment will help keep you on track, and if you move things along routinely, you will feel less stressed and more in control.
- 3. Take time for yourself** – It's important that you take a break to connect with people and reflect on your achievements. Plan small ways to celebrate completing tasks and recognise the completion of a unit. Your progress is important, and you need to value the progress you make.



MANAGING YOUR CANVAS DASHBOARD

Adding and removing units from your dashboard

This two-minute video explains how to add or remove units from your Canvas Dashboard
<https://vimeo.com/725108389/ae0bb494a9>

Orientation Video

This is a refresher on how to use Canvas and start studies.

<https://vimeo.com/712667042/18bce921c4>

HELPFUL WEBSITES

- **ACEQA** - [ACECQA Newsletter](#)
- **ECEA Website** - [Early Childhood Australia - A voice for young children](#)