



Building strong links with  
Families and Community  
for our Children

Family Support Programs  
run by the C&K Aboriginal  
& Torres Strait Islander  
Programs team Caboolture,  
support you and your  
children in the years before  
they go to school.

This program is part of C&K's  
Dhargun Gur Unit, supporting  
Aboriginal and Torres Strait Islander  
Programs and Services across Australia.



**For more information on the Family  
Support Programs please contact:**

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[www.candk.asn.au](http://www.candk.asn.au)

The Creche and Kindergarten Association Limited  
ABN: 59 150 737 849

*Where children come first*

# Caboolture Family Support Programs

Indigenous Parenting Service

Direct Service



## What we do:

### Playgroups (Caboolture and Redcliffe)

**Playgroup is a place for parents to play with their children. Our playgroups help by:**

- Supporting parents in their role as the first and most important teachers of their children
- Allowing children to learn through play
- Providing activities including music, painting, play dough, storytelling, blocks, bubbles and much more
- Giving families and children access to other services such as Health during playgroup
- Providing transport and light refreshments.



### Parent workshops

**Parents can participate in a series of workshops focussed on their strengths as carers and teachers of their children.**

**This helps to:**

- Strengthen Aboriginal & Torres Strait Islander children, families and Community
- Offer strategies for life skills, health, nutrition and esteem building
- Provide an opportunity to discuss strategies with other parents
- Provide links to local networks, forums and other agencies.

### Home Visits

**Home visits involve C&K making a time to discuss individual needs of families in their own home. This may help to:**

- Be referred to other agencies for support
- Experience appropriate play-based activities, with resources for children at home.

### Links and Referrals

**C&K connects families with other agencies**

**By providing:**

- Links to local support agencies so they know who to go to
- Referrals to other agencies who can provide appropriate services that suit individual family's needs.



### Cultural activities for Child Care Centres and Early Childhood Educators

**C&K provides cultural activities including:**

- Make and Take workshops for Educators with resources provided
- Storytelling and cultural activities at Child Care Centres for all children.

### Participation in Community events

**C&K staff participate and enable participation in community events by:**

- Staff attending and supporting social and cultural activities locally and across Brisbane
- Providing transport for families to participate in nominated Community events locally and in Brisbane.